

Case Conceptualization Treatment Plan: EMDR Therapy Approach

*Use as many of these pages as you need throughout your engagement with the client. Part of Phase 8 Reevaluation is to be continuously evaluating the treatment plan, writing new goals and objectives, and developing targets and future templates accordingly.

Presenting Issue:

Goal & Desired Objectives:

EMDR Preparation Resources, Targets or Future Templates to Address:

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(Use additional copies of this worksheet if needed)