

Simple Targeting Sequence List For Clinical Tracking

Target Set Up (Phases 3-7 Worksheet)

Outcome/Plan

1.

2.

3.

4.

5.

6.

7.

Simple Conceptualization Sheet For Clinical Tracking & Re-Evaluation

Present Triggers

↓ Theme/Event	=>	Negative Cognition (rank ordered)	=>	Memory/Event
_____	1.	_____	First	_____
			Worst	_____
			Most Recent	_____
	2.	_____	First	_____
			Worst	_____
			Most Recent	_____
	3.	_____	First	_____
			Worst	_____
			Most Recent	_____

Future Template

Future Template _____