

	7:30am-8:30am	8:30am-9:00am	9:00am-9:30am	9:30am-10:45am	10:45am-11:30am	12:00pm-1:00pm	1:00pm-1:30pm	1:30pm-3:00pm	3:00pm-4:30pm	4:30pm-5:30pm	5:30pm-6:30pm	6:30pm-7:30pm	7:30pm-10:00pm
Thursday April 23, 2020												Early Arrival for Those Who Purchased an Extra Night	
Friday April 24, 2020		Pre-Retreat Workshop Registration				Lunch				Retreat Officially Begins: Arrive Any Time After 4:00pm	Dinner	Free Time	Opening Orientation & Dance Dr. Jamie Marich 7:30pm-9:00pm 1.5 CE credits (S02)
Pre-Retreat Workshop: EMDR Therapy & DBT for Trauma-Focused Care Dr. Jamie Marich & Rachel Weaver 9:00am-4:30pm 6 CE credits (S01)		Pre-Retreat Workshop: Intuitive and Psychic Development Felicia Weinstein 9:30am-3:00pm											
Saturday April 25, 2020	Morning Yoga: LouAnn McBride, RYT-200 (Begel Hall)	Breakfast	Incorporating Sound into Your Mindfulness Toolbox Jennifer DiGiandomenico 9:30am-11:30am 2 CE credits (S03)		Lunch	Therapeutic Improv Erin Kelly, LCSW, RYT-200 1:30pm-4:00pm 2.5 CE credits (S06)		Free Time	Dinner	Free Time	Spiral Rhythms Ensemble Drum Circle & Dance Jam or Free Time 7:30pm-?		
Dance Chapel: Holly Ann Speenbough (Main Hall)	Using Disney Characters to Identify & Process Internal Conflicts Alexis Burrow 9:30am-10:45am 1.25 CE credits (S04)		Wellness Services Available: Massage, Reiki, Aromatherapy, and Reading Sessions (Extra Fee Applies) 1:00pm-7:00pm										
	Using Memes in Expressive Arts Therapy Practice Katharine Fertig 9:30am-10:45am 1.25 CE credits (S05)												
Sunday April 26, 2020	Morning Yoga: Kalindi Hoffman, E- RYT-500 (Begel Hall)	Breakfast	Chanting with Kalindi Hoffman, E- RYT-500 9:30am-10:00am	Share Your Practice: Closing Program Led by Participating Facilitators 10:00am-12:00pm 2 CE credits (S07)	Lunch & Closing	Departure							
Dance Chapel: Peyton Cram (Main Hall)													